



8TH ANNUAL HOUSING SUMMIT

Housing is Health

Integrating Land Use, Public Health, and Housing Policy

FRIDAY, MAY 29, 2026

LAUREL RIDGE COMMUNITY COLLEGE
CORRON COMMUNITY DEVELOPMENT CENTER



JENNA KRALL, PHD
George Mason University

MARIA DOUGHERTY, MA
HousingForward Virginia

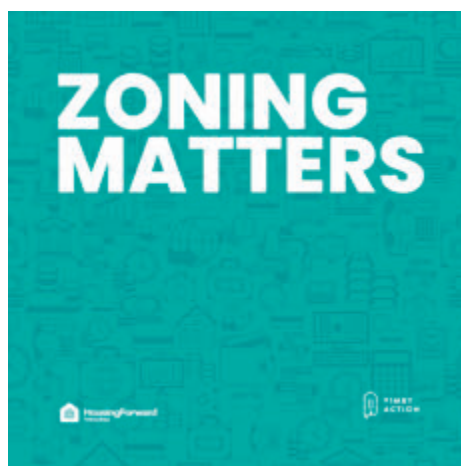
ANTWAN JONES, PHD
The George Washington University

HOUSING IS HEALTH

INTEGRATING LAND USE, PUBLIC HEALTH, AND HOUSING POLICY

Schedule for Friday, May 29, 2026

- 8:00 – 8:45** **Registration, Continental Breakfast, and Networking**
- 8:45 – 9:00** **Welcome and Introductions**
Sandra Bloom
Community Member, Housing Coalition of the Northern Shenandoah Valley
Frank Curbeira
Strategic Housing Officer, Virginia Housing
Jeffrey Feit, MD, MSHA
Chief Population and Community Health Officer, Valley Health
- 9:00 – 10:00** **Housing is Public Health**
Jenna Krall, PhD
George Mason University
- 10:00 – 11:00** **Zoning Matters: Understanding the Power of Zoning in Shaping Our Communities**
Maria Dougherty
HousingForward Virginia
- 11:00 – 11:15** **Break**
- 11:15 – 12:15** **From the Beltway to the Block: Scaling Inclusionary Zoning for Hyperlocal Health Equity**
Antwan Jones, PhD
The George Washington University
- 12:15 – 2:00** **Lunch and Panel Discussion**
- 2:00 – 2:30** **Housing Summit Closing / Call to Action**



SPEAKERS



Jenna R. Krall, PhD is an Associate Professor in the Department of Global and Community Health and Director of the Master of Public Health Program Office in the College of Public Health at George Mason University. Her research primarily focuses on estimating environmental exposures, including exposure to air pollution, and their impacts on human health. Most recently, she has been focused on the intersection of housing insecurity, homelessness, and extreme environmental hazards.



Antwan Jones, PhD is a Professor of Sociology, Africana Studies, Epidemiology, and Public Policy & Public Administration at The George Washington University. His research focuses on the intersection of residential environments and health equity, specifically examining how neighborhood contexts, housing stability, and urban policies influence cardiovascular outcomes and obesity among marginalized populations. A prolific scholar, Dr. Jones has published extensively on the health implications of inclusionary zoning, mortgage foreclosures, and housing instability in urban studies journals such as *Housing and Society* as well as medical journals such as *Circulation*. Beyond the classroom and lab, he translates his research into action through advisory roles with the DC Policy Center and the Robert Wood Johnson Foundation's Evidence for Action (E4A) program. He holds degrees from Duke University and Bowling Green State University and is a former member of the Washington DC Commission on African-American Affairs.



Maria Dougherty, MA is a housing and community development professional who leads real estate development and strategic consulting initiatives across Virginia's affordable housing sector. She provides strategic consulting to developers, nonprofits, and local governments on affordable housing solutions. Through her work with the nonprofit HousingForward Virginia, Maria co-authors influential housing studies and coordinates statewide educational initiatives on land use policy, helping to advance equitable housing solutions across the Commonwealth. A trusted authority on complex housing and land use challenges, she has led pioneering research initiatives, including developing the state's first regional housing trust fund and advising the general assembly on deed fraud solutions. Maria holds a master's degree in urban and Regional Planning from Virginia Commonwealth University and a bachelor's degree from William & Mary and the University of St Andrews. Her prior experience includes integrating cutting-edge technology to improve communication about history and the built environment, as well as conducting research on housing crisis solutions and eviction prevention through her fellowship with the RVA EvictionLAB.





VISION

A sustainable and vibrant community where everyone has access to safe, decent, and affordable housing.

MISSION

Mobilizing the community to positively influence and address housing challenges in the Northern Shenandoah Valley.

VALUES

Community: We will be a vibrant advocate of affordable and workforce housing while striving to advance strategies and solutions that honor and respect the equity, diversity, and inclusion of the community. We will engage all dimensions of the community recognizing that housing is a determinant of health, education, and social cohesiveness. Housing is Health, Growth, and Wellness.

Collaboration: We commit to a multi-sector approach that values and recognizes the importance of together, advancing housing solutions with the community.

Innovation: We are open and commit to adopting creative solutions to solve complex housing needs. We will take risks and introduce new thinking, technologies, projects, and forward-thinking ideas and strategies.

Sustainability: Our mission requires honesty, transparency, and integrity in all we do, even as we establish the resources and infrastructure to advance sustainable housing solutions.

STEERING COMMITTEE

Chris Brigante, *Family Promise Winchester Area*; Sandra Bloom, *Community Member*; Amanda McCarthy, *Horizon Goodwill Industries*; Bob Boulter, *Faithworks*; Kim Wilt, *United Way of Northern Shenandoah Valley*; Lauren Clouse, *Winchester Rescue Mission*; Wendy Connor, *Coldwell Banker*; Jason Corron, *First Bank*; Jason Craig, *Valley Health*; Alex Gearin, *Northern Shenandoah Valley Regional Commission*; Lemuel Hancock, *Shenandoah County Community Development*; Robyn Miller, *WATTS*; Kim Herbstritt, *Blue Ridge Habitat for Humanity*; Jack Hurst, *Shenandoah County Community Development*; Dr. Doug Norell, *Community Member*; Nasser Rahimzadeh, *City of Winchester*; Rob Seidel, *Faithworks*; Lauri Sisney, *Blue Ridge Association of Realtors*; Dave Sweeney, *F&M Mortgage*; Amanda Whitson, *Realty One Group*.

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